



**Head Trauma Support Project, Inc.  
P.O. Box 215666, Sacramento, CA 95821**

October 14, 2022

Dear Friend:

Head Trauma Support Project (HTSP) is a non-profit organization, established in 1979, that brings people together with a common goal of promoting a better understanding of living well after an acquired brain injury (ABI). For over 43 years, HTSP's goals have included: 1) Strengthening social networks, 2) Increasing life participation, and 3) Enhancing quality of life for all those who are living with an acquired brain injury and caregivers. HTSP offers educational information, helpful resources, supportive social groups, and monthly community outings; all designed to foster independence and provide social opportunities to ABI survivors, loved ones, and caregivers.

In 2022, HTSP was able to return to in-person support groups. We are now offering support groups twice a month free of charge to all participants. In addition, we identified and brought in very strong facilitators to lead our groups, re-established our strong core of college student volunteers from local colleges and created our new DeDe Days-Ward college scholarship. There are significant costs in leading these groups along with the expenses involved in our new facility.

Your support will help us to continue our support groups for brain injured survivors, their caregivers and family members. If you prefer for your donation to go to a specific group please let us know. If you want more information about HTSP, our specific meeting times, or location, please email us at [board.htsp@gmail.com](mailto:board.htsp@gmail.com) or visit our website (<https://www.headtraumasupportproject.org>).

Donations can be mailed in the enclosed pre-addressed, stamped envelope to: P.O. Box 215666, Sacramento, CA 95821 OR through the HTSP PayPal Account, available at: <https://headtraumasupportproject.org/donate/>. If you are making your donation by check, please make it out to: **Head Trauma Support Project, Inc.**

HTSP is a tax-exempt organization as described in Section 501(c)(3) of the Internal Revenue Code; EIN # 94-2808048.

Thank you for your kind consideration. HTSP is excited to expand our vision of striving to positively impact adults with ABI, their loved ones, and caregivers. We hope that you will join us in our mission.

Sincerely,

Megan Heinicke, Ph.D., BCBA-D

Matt Harline

Leaders of the Head Trauma Support Project, 2022