2018/2019 Caregiver Workshop

HTSP is proud to have offered a 3-part Caregiver Workshop for the family members of those who have experienced an acquired brain injury to prepare for their loved ones’ future care.

The binder pictured to the left was the brainchild of the HTSP Board’s Vice President, Carrie Elston-Akaba.

Carrie created a binder for herself years ago, recognizing the importance of keeping all essential information in one location in case anything should happen to her, so that her husband, Jason, would be cared for.

This project gave our Caregiver Group the opportunity to create binders for their loved ones as well.

The binders were aptly named the Brain Injury First Aid Kit for Life. These binders contain critical information that will enable anyone (fiduciaries, family members, and friends) to step in and provide care, supervision, and guidance of survivors when their primary caregivers cannot.
Thank you very much to the PASCO Foundation for donating the facilitation fee for this 3-part workshop!

Thank you to the following businesses as well for their generous donations, that made the Caregiver Workshop possible:

- Tri Counties Bank
- Walmart – Delta Shore and Bruceville Rd.
- Starbucks – Elk Grove-Florin Rd.
- Safeway – Elk Grove-Florin Rd.
- Office Depot - Stockton Blvd.
- The Table at Central United Methodist Church
- El Super Taco – Elk Grove-Florin Rd.
- Costco – Stockton Blvd.
- Target – Consumes River and Laguna Blvd.

2019 HTSP Budget

The HTSP Board of Directors is proud to announce that our 2019 budget has been designed and approved to meet the needs of all stakeholders while maintaining the organization’s long-term sustainability. All of HTSP’s activities and events must be sponsored except for the organization’s administrative expenses (e.g., postage, taxes, printing, etc.). Group members pay a nominal fee of $5.00 to participate in outings. Tentatively scheduled 2019 activities are as follows:

- Adaptive Kayaking
- Monster Mini-Golf
- Bowling
- Weekly exercise program with culminating marathon event
- Movie Theater
- Family BBQ at the Park
- California State Fair
- River Cats Game
- Walk-for-Brain-Injury
- Crocker Art Museum
- Trivia & Ice Cream at Leatherby’s
- Sacramento Zoo
- California State Railroad Museum

Card and Table Games Needed!

If you, your friends, family or neighbors have new or gently-worn card and table-top games that are ready to be given away, HTSP is in need of these games for our Thursday Supportive Social Group! We need games such as UNO, SkipBo, Go Fish, Crazy Eights, Sorry, Jenga, Monopoly, Family Feud, table top Kerplunk, Battleship, chess, checkers, Clue, Yahtzee, dominoes, Scrabble, Pictionary, Connect Four and any Trivia Games!

Questions or concerns? Please contact Darla Hagge at hagge@csus.edu